TM-WBU - Team Working e Team Building

Soft skills - Sviluppo organizzativo e Coaching - Leadership e comunicazione

Durata:	Lingue:	Certificazione:
3 Giorni	**Italiano**	**-**

Descrizione del corso

Objectives: • Learning how to develop cooperation in a work team • Learning how to build a working team • Learning how to motivate a team • Identifying the evolutionary elements of a team and learning how to manage them • Going from work group to group work • Defining your own relational style as team member and as team leader Audience: • Those who work in a team • Managers • Those who need to build a working team • Those who need to motivate or remotivate a team • Those who are interested in the constituent elements of an objective-based team Methodology: • Frontal and interactive lesson • Practical exercise • Test and individual feedback • Role playing • Use of music and body movement • On demand contents

Programma

- Sense of belonging and recognition
- Group dynamics and their management
- Social anxieties: causes and consequences
- Recovering from anxiety in a group
- Motivational levers and their use
- Manipulation and its function
- Information circulation and mutual understanding
- The emotional and affective aspects that determine the group atmosphere
- Managing the area of judgement and evaluation criteria
- Leadership styles and their consequences on the team
- Basic assumptions: the defensive systems that affect team building
- The assertive communicaton

ITCore Group

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- Decoding nonverbal and paraverbal communication
- Elements of conflict management

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